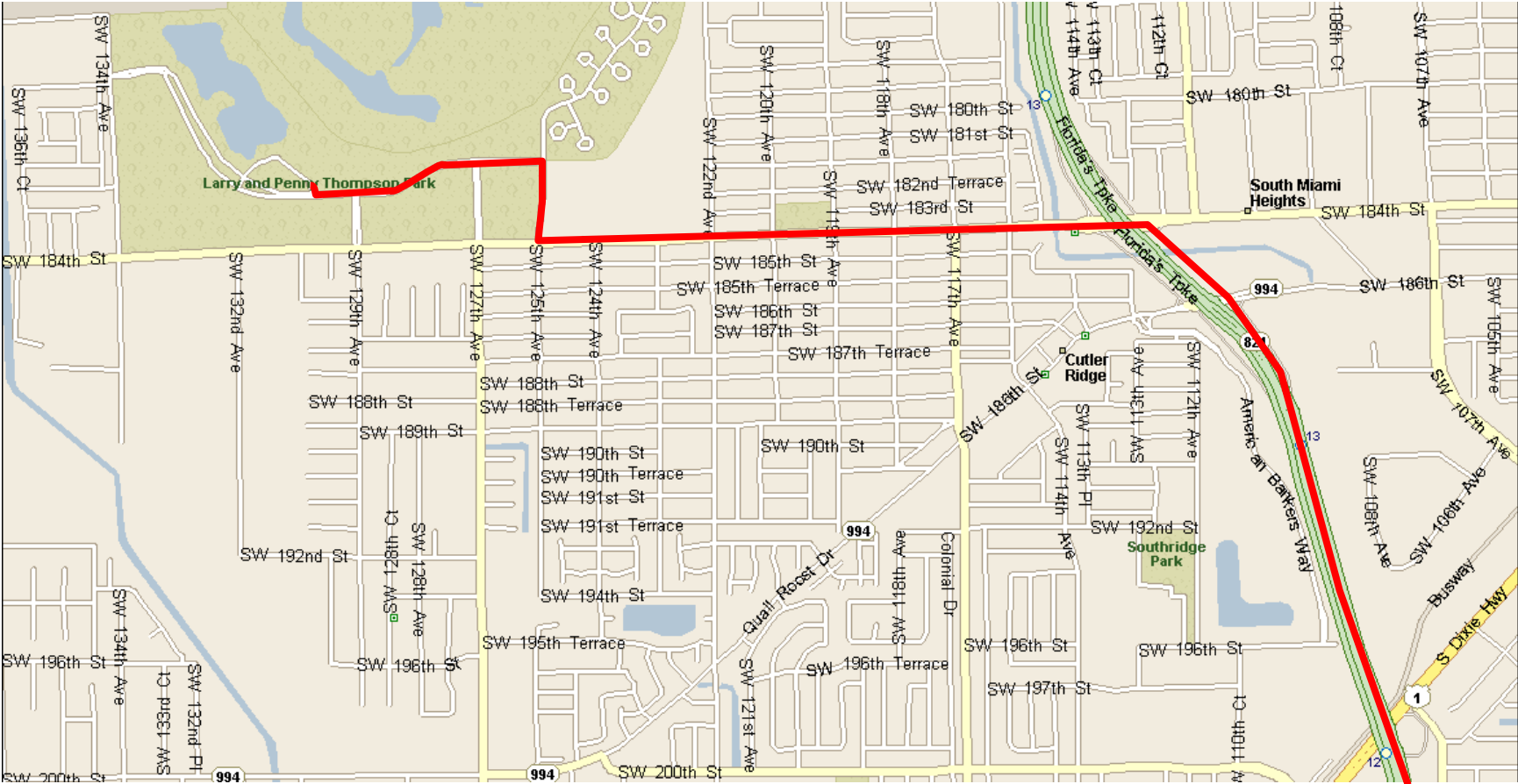


Map & Directions to Larry & Penny Thompson Park, Miami
142 miles – expect 3.25 hours driving time



- US-1 North to FL Turnpike North**
- Exit 13: Quail Roost Drive & Eureka Drive**
- Straight through 1st traffic light (Quail Roost)**
- Left at 2nd traffic light, onto Eureka (SW 184th Street)**
- Follow Eureka for 1.3, turn right at entrance to Larry & Penny Thompson Park**
- Once in park, take first left, then the primary parking lot is ½ mile up on your right.**

[Course Map on Page 2]

Larry & Penny Thompson Park
5K Cross Country Course



From the final turn to the finish is 625 meters. The final field is 225 meters.

Except for 3 road crossings, the course is all grass-dirt.

Footing is firm, but uneven.

Best spectator spots: at the 2.5K road crossing, and at the 2.8K clearing: easy walk from start and to finish.